



SELF-DETERMINATION Local Volunteer Advisory Committee Meeting

Date: Monday, September 14, 2026

Location: remote only

Time: 7:00 – 8:30 p.m.

Join Zoom Meeting:

<https://us06web.zoom.us/j/87664114561?pwd=PNraLlg3E6imZC83WYBtYvM5aRi2Gv.1>

Or, Join by Phone:

+1 669 900 6833 US (San Jose) Meeting ID: 934 7417 7164 **Passcode:** 754804

Department of Developmental Services website on the Self-Determination Program (SDP):

<https://www.dds.ca.gov/initiatives/sdp/>

State Council on Developmental Disabilities website on the Self-Determination Program:

<https://scdd.ca.gov/sdp-home/>

Regional Center of the East Bay website on the Self-Determination Program:

<https://rceb.org/clients/self-determination/>

A G E N D A

1. Welcome, Interpreter's Intro, Roll Call to Establish Quorum (5 minutes)
2. Review and Approve Meeting Minutes of June 1, 2026 Meeting (3 minutes)
3. Public Comment (15 minutes)
4. Report from August 10 Statewide SDP Advisory Committee Meeting (5 minutes)
5. Update from Regional Center (5 minutes)
6. Updates on Workgroups for Next Funding Round (15 minutes)
 - a. Admin Support
 - b. Outreach
 - c. IF Capacity
7. Update on Potential New Committee Members (15 minutes)
8. Ongoing Committee Leadership (5 minutes)
9. Renewal Process (Lindsey) (20 minutes)
10. Future Agenda Items (5 minutes)

August 10, 2026

Statewide Self-Determination Advisory Committee meeting. See [meeting packet](#).

Item 1 Call to Order

Item 2 Establish Quorum

Item 3 Welcome and Introductions

Item 4 Approval of May 2026 Minutes

Item 5 Co-Chair Report, Rick Wood and Nestor Nieves see [report included in meeting packet](#)

- Increase accessibility and community participation in LVAC meetings
 - Creating best practice guide (target completion Spring 2027)
- Create/identify ways to work directly with DDS outside of SDDAC meetings
 - Co-Chair meetings with DDS and SCDD leadership
 - SDP Roundtable to meet quarterly- looking for input from committee members for issues we wish to have discussed
- Identify best/promising practices in reducing disparities
 - Research found available materials provided little insight into effective strategies for reducing disparities or increasing enrollment among underserved communities
- Support Collaboration between LVACs
 - on hold until Beth Hurn returns from maternity leave
- Best Practices Platform
- LVAC Implementation Funding (see page 19 of the meeting packet)
 - FY 2024-25 and 2025-26: LVACs retain full access to funds
 - 2024-25 use by March 2027
 - 2025-26 use by March 2028
 - Unused FY 2023-24 are being re-appropriated

Agenda items 6 and 7 taken out of order

Item 7 SCDD Updates, Aaron Carruthers

- Shared this [SCDD Report to SSDAC](#)

Item 6 DDS Updates, Yang Lee, Marlene Morales, Ombuds Office (rep by Katie Hornberger)-

- Presented this [DDS Presentation](#)

- Review of the [DDS directive on SB163](#), the 2026 Developmental Services Budget Trailer Bill
 - Change existing requirements of how implementation funds are used- no change for two years,
 - Up to \$1M from now to 2030 to support implementation, only for statewide trainings and community resource fairs
 - DDS is [looking for input](#) about what training topics would be most helpful, what resources or info are most important
- Cost Effective definition See Update for the Statewide Self-Determination Advisory Committee August 2026
- Update: Include LVAC representatives in discussions before decisions affecting implementation funding are made “in progress”
- Update: Provide stronger guidance so that participants have consistent rights and access regardless of which regional center they’re in “in progress”
- Update: Establish clear response timelines that regional centers must follow when communicating with participants and families “in progress”

Item 8 Co-Chair Elections

Longtime co-chair Rick Wood termed out. Nestor Nieves, a self-advocate from East LA Regional Center, will remain as co-chair. Newly elected co-chair is Chris Miller, a self-advocate from Redwood Coast Regional Center

Item 9 Public Comment

Next meeting Dec 3 (possible Townhall Meeting)

SELF DETERMINATION PROGRAM

Total Participants Successfully Enrolled into SDP: 693

Enrollments:

	July 2026	August 2026
Initial Enrollments	0	19
Year 2	0	23
Year 3	4	14
Year 4	2	7
Year 5	2	5
Year 6	0	1
Year 7	0	4
Revisions	58	47
Total Transactions	66	120

Topics for Discussion:

- Department on Developmental Services (DDS), Cost Effectiveness Definitions was not published 8/1/2026 as required by Law. DDS issued a statement that it will review community feedback and publish at a later date
- Department on Developmental Services (DDS), webinar
- **RCEB change in structure:** Lindsay Meninger began as Director of Client Services at RCEB August 2026!
- **RCEB Social Recreation procedure:**
RCEB has recently implemented a new procedure around social recreational services to better align with our mission. You may notice a shift in assessments at the time of annual review (IPP meetings). The goal is to support meaningful, social and recreational opportunities that align with IPP goals while ensuring services remain equitable, sustainable, and available to individuals and families over the long term.

Understanding the RCEB SDP Timelines

Local Advisory Committee for Self Determination
September 14, 2026
7:00pm

Presentation Objectives

- Explain revision timelines
 - Illustrate process using RCEB examples
 - Describe budget certification
 - Describe Spending Plan certification
-

Enrollment and Subsequent Year Timelines: Why They Matter

Participants, families, and Independent Facilitators need predictable timelines and visibility into budget certification, spending plan reviews, and service revisions to be able to effectively plan for their services.

When someone in Traditional Model switches to SDP, Traditional Model Purchase of Services end the day before SDP begins.



Revision Timelines:

Plan ahead when requesting revisions to your spending plan.

- Revisions typically require about 3 weeks to move through submission, review, and approval.
- Approved revisions become effective **the following month** and cannot be applied retroactively.
 - **Example:** A revision submitted on **September 8** will become effective **October 1**
- To allow sufficient time for review and processing, and responsible planning revisions should not be submitted during the final two months of the SDP period.

Exception to submission recommendations: Changes related to health and safety.

Current Challenge

SDP planning takes about four months from Budget discussions to final e- billing approval. RCEB receives many requests for revisions a day. As an SDP period approaches its end date, review of revisions for the current period overlap with planning for the upcoming period, which can significantly increase the volume of requests being processed at the same time.

What does this look like for our SDP team?

Each of the SDP/PCS Specialists average about 30 transactions each month. Each **"transaction"** includes:

1. Sending the Individual Budget for certification
2. Review of Spending Plan, including corresponding to Participant Spending Plan updates
3. Liaise with FMS
4. Write Purchase of Service for SDP FMS

When a revision is requested close to renewal:

Our team is reviewing changes to the current plan while simultaneously working with the family on the next plan. Across 600+ enrollees, these overlapping processes can add up quickly.

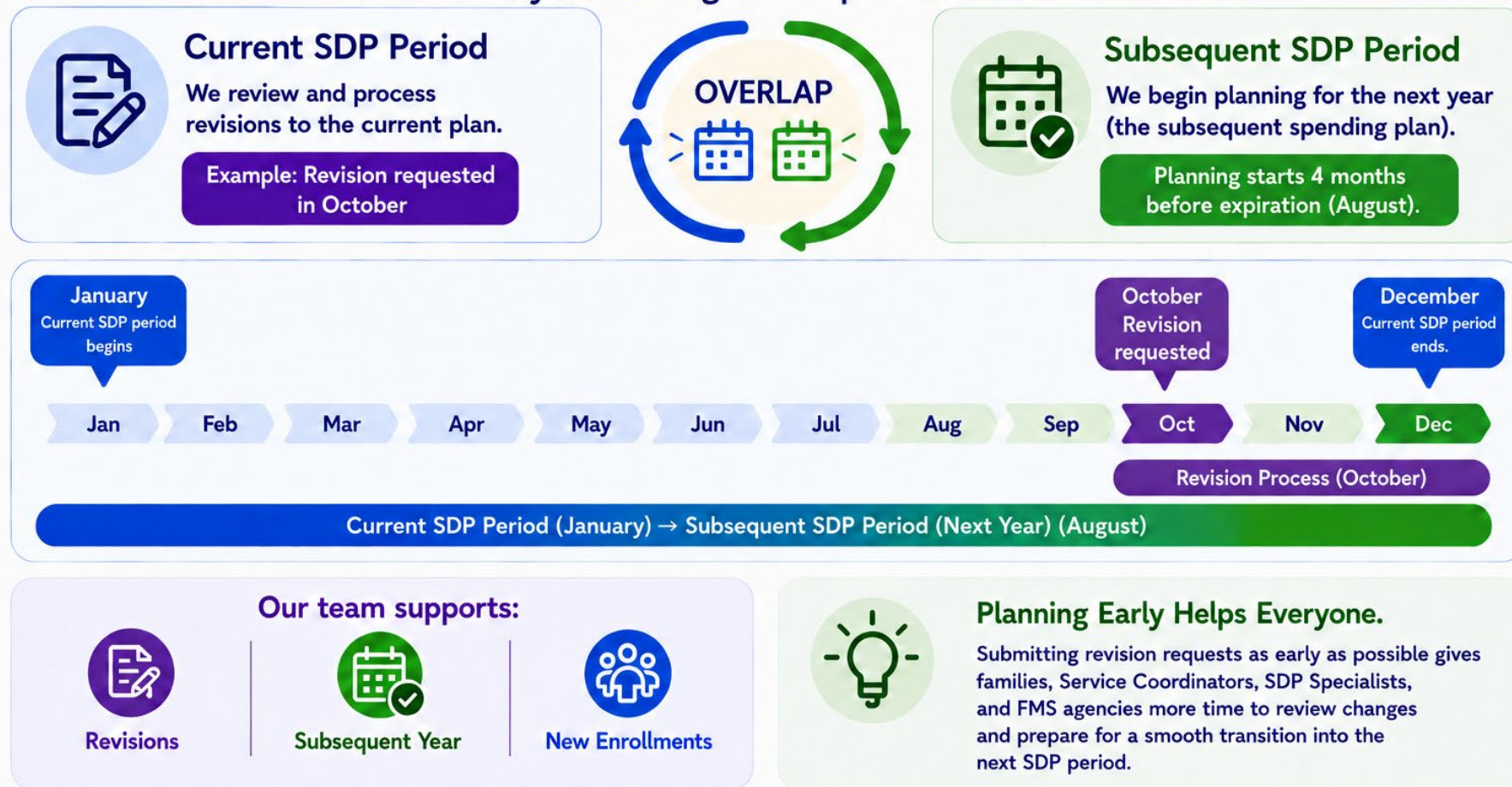
How Long Does a Spending Plan Review Take?

When a Spending Plan contains details of the service RCEB is purchasing pursuant to the IPP, a Spending Plan can be processed, including ebilling, in about 3 weeks. When a Spending Plan contains only service codes and spending allocations, more review is required and it can take 4-8 weeks.

Illustrative Timeline

How Overlap Happens

When a revision is requested near the end of an SDP period, our team may be working on two processes at the same time.

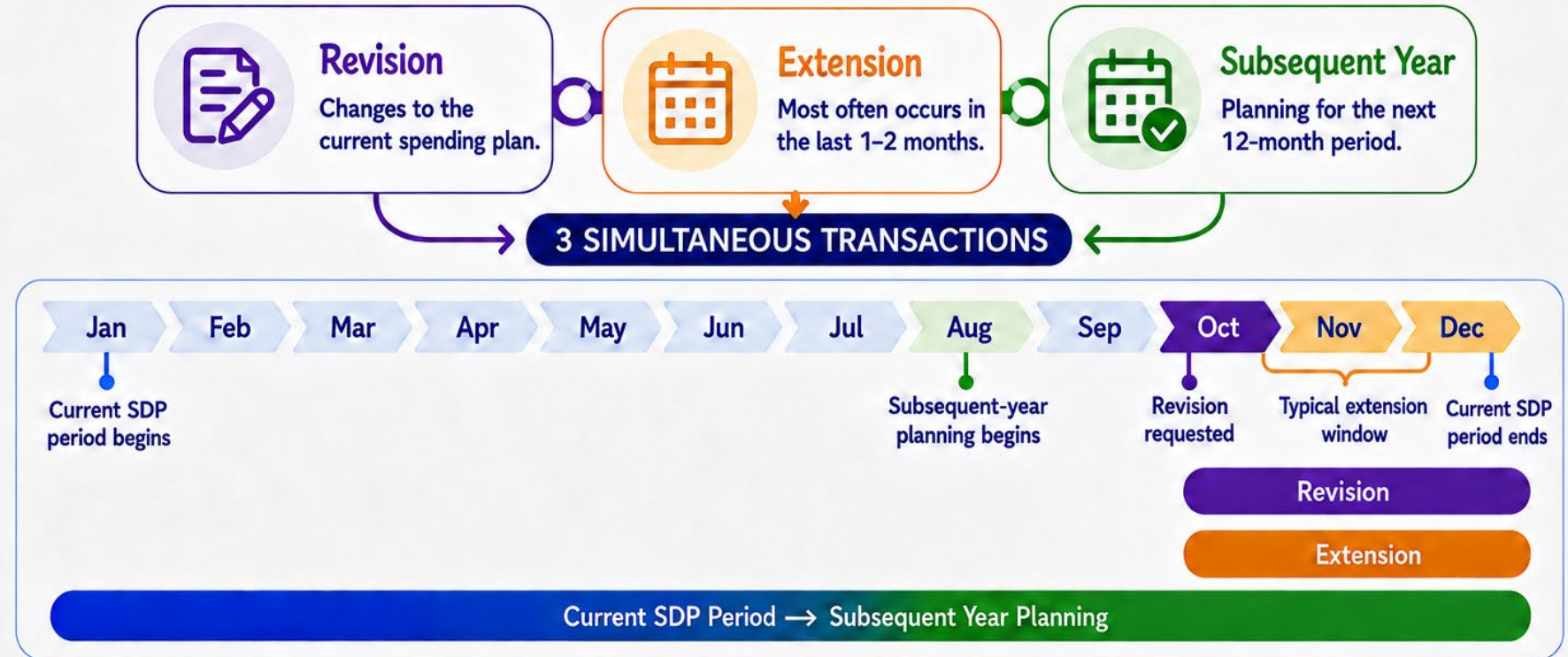


Thank you for partnering with us!

Illustrative Timeline

How a Triple Overlap Happens

Near the end of a 12-month SDP period, an extension can add a third process happening at the same time.



During the final 1-2 months, our team may be processing:



Revision



Extension



Subsequent Year

Thank you for partnering with us!

RCEB Vignette #1

Participant SDP Period: April 1, 2025-March 31, 2026

Extension Requested: March 23, 2026

Extension: April 1, 2026-May 31, 2026

Subsequent Year: June 1, 2026-May 31, 2027

Spending Plan Review Example

SDP Period : April 1-March 31

Spending Plan Submission	Spending Plan Review Time	Requested Processing By:	FMS needs final by
Spending Plan Review #1 Extension: March 17	March 18- April 8	March 20	March 31
Spending Plan #2 Extension: March 12	March 13-April 2	April 1	March 13
Spending Plan Review #3 Subsequent Year: March 5	March 6-March 26	May 5	April 9

The overlapping review periods create a significant workload impact . Staff manage three interconnected transactions at once, reconcile differences across each plan, and meet different processing and FMS deadlines while earlier spending plans are still under active review

Regional Centers have a responsibility to support continuity of authorized services and avoid unnecessary disruptions for participants. When spending plan changes are requested at the very end of an SDP period, the Regional Center must balance that responsibility with the time needed to properly review, approve, and implement each plan.

Last-minute revisions, extensions, and subsequent-year plans can create overlapping processes that are difficult to implement reliably and are not a sustainable way to operate the system.

Early planning helps preserve participant continuity of services.

RCEB Vignette #2

Participant SDP Period: December 1-November 30

Revision #1 Requested: April

Revision #2 Requested: August

Revision #3 Requested: October

Subsequent Year: December 1-November 30

5 Tips For Revisions:

1. Plan Ahead

- Submit revision requests early. Revisions take approximately **3 weeks** to move through review and approval.

2. Revisions Are Forward-Looking

- Changes become effective the **following month** and cannot be applied retroactively.

3. Start with a Strong Spending Plan

- Carefully review projected expenses at the beginning of the enrollment period to minimize the need for later revisions.

4. Avoid Restriction Periods

- Revisions should not be submitted during the first month of enrollment or during the final two months of the grant period.

5. Communicate Changes Early

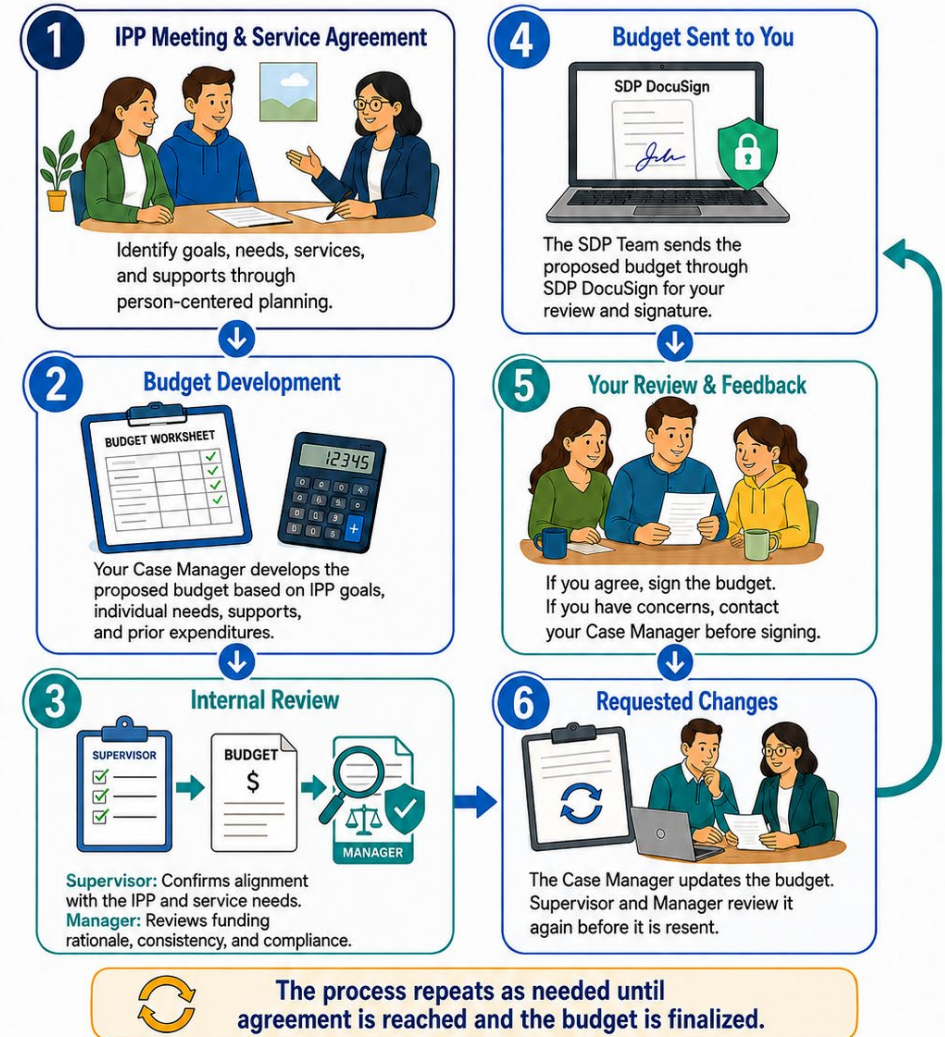
- Notify your Case Manager/SDPS as soon as needs change so impacts can be addressed before they become urgent

How Funding Is Certified

1. IPP meeting
2. Case Manager Develops Budget Tool
3. Internal Review
 - Supervisor Review
 - Client Service Manager Review
4. Budget Sent to Participant
5. Your Review
 - Sign if in agreement
 - Contact Case Manager if in disagreement

HOW YOUR SDP BUDGET IS DEVELOPED

A step-by-step guide for participants and families



? Questions? Contact your Case Manager.

How a Spending Plan Is Certified

1. Spending Plan submitted
2. Review
 - SDP Specialist
3. Corrective Feedback
 - Corrections applied if in agreement
 - Contact SDP Specialist+ Case Manager if in disagreement
4. DocuSign Sent
5. SDP POS submitted
 - Approved 2nd level
 - Entered in E-Billing
 - Approved in E-Billing

*each spending plan submission is reviewed newly in its entirety

HOW YOUR SDP SPENDING PLAN IS REVIEWED

From submission to service authorization



What do SDPS review in a Spending Plan?

1. IPP alignment
 - IPP report & Budget Needs
2. Waiver Definition+ Service Codes
3. Provider Eligibility
4. Service Description/Design
5. Amount, Frequency, Duration
6. Cost
 - per item/service
 - Within budget certified
7. Generic Sources

*each spending plan submission is reviewed newly in its entirety

WHAT THE REGIONAL CENTER REVIEWS IN AN SDP SPENDING PLAN

A complete plan connects the participant's needs, services, provider, schedule, and cost.

★ WHY WE REVIEW

To confirm the plan implements the IPP, stays within the certified budget, and meets state and federal requirements—while respecting participant choice.



QUICK COMPLETENESS CHECK

Service name/code • Provider name/type • Service description • IPP need/outcome • Rate
Units/hours • Frequency • Start/end dates • Total cost • Supporting documents, when needed

i Each request is reviewed individually. Additional information may be needed depending on the service, provider, setting, or identified risk.

Thank you for your partnership and dedication to the success of SDP at RCEB