

Earth Quake Drill Form

Instructions: Earth quake drills should be conducted at least once every three months. Drills can be held more frequently based on the needs of residents. For best practice, set the target date of the next drill after completion of this drill. It is recommended to rotate drill times by shift (AM/PM/NOC) and alternate between weekdays and weekends to ensure all staff and residents have the chance to practice. (For example, if you hold a drill during the day shift on a week day, hold the next on an evening shift on the weekend; hold the next after that on a nocturnal shift on a weekday, etc.) Practice DROP or (LOCK, for wheelchair and walker users), COVER AND HOLD. Remind residents to evacuate only if shaking is severe enough to knock items off of shelves or if obvious structural damage is present. If evacuation is necessary, exercise caution and be sure to stay clear of live wires or other falling debris. Be prepared for aftershocks.

Date of Drill: _____ **Time of Drill:** _____

Shift of Drill (Circle One): DAY EVENING NOCTURAL

Day of Drill (Circle One): WEEKDAY (M-F) WEEKEND (SAT.-SUN.) **Target Date of Next Drill:** _____

Staff Participating in Drill: _____

Residents Participating in Drill

NAME

After Action Review

Instructions: After the drill, have staff and residents reflect on what went well and what can be improved.

What concerns were raised? _____

How might these concerns be addressed? _____

Who will address these concerns and by when? _____