

GENERIC RESOURCES

A “*Generic Resource*” is any agency that has the legal obligation to serve all members of the general public and is receiving public funds for providing those services. Generic Resources that support your goals may not be supplanted by Regional Center of East Bay and must be exhausted before utilizing Self Determination Program dollars. Some examples of generic resources are:

- MediCal <https://www.coveredca.com/medi-cal/>
- California Children’s Services (CCS) <https://www.dhcs.ca.gov/services/ccs>
- Paratransit <https://www.eastbayparatransit.org/>
- Head Start
- Department of Rehabilitation (DOR) <https://www.dor.ca.gov/>
- Your local school district <https://sites.ed.gov/idea/>
- Childcare Development Centers <https://www.cdcdc.org/about/>
- City, County, and State Housing Assistance <https://www.hud.gov/>
- Community Legal Services
- In Home Support Services (IHSS) <https://www.cdss.ca.gov/in-home-supportive-services>
- Supplemental Security Income (SSI) <https://www.ssa.gov/ssi/>
- Family Resource Centers <http://www.frcnca.org/about-us/>
- County Health and Human Services <https://www.chhs.ca.gov/home/departments/>
- County Medical Clinics <https://chcnetwork.org/>
- County Mental Health <http://mhaac.org/support/mental-health-resources/community-mentalhealth-resources.html>

A “*Natural Support*” are supports that are provided in relation to a generic resource, or by people known to the Consumer by personal association, family, or community relationships. Natural supports help to enhance or maintain the quality and security of life, and are not paid, because they occur naturally. Some examples of natural supports are:

- Parents
- Family members
- Friends
- Neighbors
- Teachers
- Teacher aides
- Bus drivers
- Places of worship
- Community recreation teams

Any Generic Resource and Natural Supports should be shared with your RCEB Case Manager to be included in the Person Centered IPP.