Consultant Considerations for Level 3, 4, 5 & 6 Homes

Level 3, 4, 5 and 6 homes are expected to use consultants.

Level 2 homes are not required to use consultants.

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|  |  | Number of consultation hours needed for a 6 month period |
| Level 2 | N/A |  |
| Level 3 | Number of people living in the home x 8 |  |
| Level 4 | Number of people living in the home x 12 |  |
| Level 5 | Number of people living in the home x 16 |  |
| Level 6 | Number of people living in the home x 16 |  |

The purpose of consultants is to help the home have areas of expertise that they might not have on their own.

The consultants can create/write plans like behavior plans, strategies for diets, and menus. They could provide an actual service like 1:1 or group. They could also train staff how to support people.

The areas of consultation are to support the home meet individual need.

The following are possible consultants you could use:

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| Type | What they might do | What they need to have professionally |
| Art Therapist | They work with an individual using art media as a means of expression and communication to promote the individual's perceptive, intuitive, affective, and expressive experiences, which lead to the individual's personal growth or personality reintegration. | They have a current registration issued by the American Art Therapy Association |
| Behavior Analyst | They assess the function of a behavior of a consumer and designs, implements, and evaluates instructional and environmental modifications to produce socially significant improvements in the consumer's behavior through skill acquisition and the reduction of behavior. Behavior Analysts engage in functional assessments or functional analyses to identify environmental factors of which behavior is a function. This can include writing ISPs for the home. A Behavior Analyst shall not practice psychology, as defined in Business and Professions Code section 2903. | They must be recognized by the national Behavior Analyst Certification Board as a Board Certified Behavior Analyst. |
| Behavior Management Consultant | They assess the function of a behavior of a consumer and designs, implements, and evaluates instructional and environmental modifications to produce socially significant improvements in the consumer's behavior through skill acquisition and the reduction of behavior. Behavior Analysts engage in functional assessments or functional analyses to identify environmental factors of which behavior is a function. This can include writing ISPs for the home. A Behavior Analyst shall not practice psychology, as defined in Business and Professions Code section 2903. | They must have completed twelve semester units in applied behavior analysis and possess a license and experience as specified in 3 through 7 below.  3. Possesses a valid license as a psychologist from the Medical Board of California or Psychology Examining Board; or  4. Is a Licensed Clinical Social Worker pursuant to Business and Professions Code, Sections 4996 through 4998.7; or  5. Is a Licensed Marriage and Family Therapist pursuant to Business and Professions Code, Sections 4980 through 4984.7; or  6. Is any other licensed professional whose California licensure permits the design and/or implementation of behavior modification intervention services.  7. Have two years experience designing and implementing behavior modification intervention services. |
| Clinical Psychologist | B) Provides:  1. Diagnosis and psychotherapy of mental and emotional disorders; or  2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development and adjustment.  This could include creating plans for people whom are suicidal, have forensic backgrounds, struggle with relationships and need help with exploring sexuality. This cold also include training DSPs on the plans. | They person is:  (A) Is validly licensed as a clinical psychologist by the Psychology Examining Committee of the Medical Board of California; and  ( B) Provides:  1. Diagnosis and psychotherapy of mental and emotional disorders; or  2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development and adjustment. |
| Counseling Services | They could provide limited counseling or social assessments. This could include creating plans for people whom are suicidal, have forensic backgrounds, struggle with relationships and need help with exploring sexuality. This cold also include training DSPs on the plans. | They would need to be a  Family Counselor possessing a valid Marriage and Family Therapist license issued by the California Board of Behavioral Science Examiners, and provides support and counseling to help the individual maintain and maximize the use of his or her current functioning patterns; and  (B) Social Worker -- A regional center shall classify a vendor as a social worker if the vendor possesses a valid Clinical Social Worker's license issued by the California State Board of Behavioral Science Examiners, and provides the following services: |
| Dance Therapist | Teaches the individual to use body movement and dance as the process in therapeutic intervention directed toward gaining insight into the consumer's problematic behavior, and expanding the consumer's freedom of movement, flexibility, and coordination;  (B) Provides opportunities for the individual to express and communicate feelings, needs, and conflicts; and  (C) Provides other services consistent with the duties specified in (A) and (B) above. | They are validly registered as a dance therapist by the American Dance Therapy Association, and provides the following services |
| Dietary Services | They creates special menus and plans with dietary needs. | They must be A) a dietitian who is validly registered as a member of the American Dietetic Association and who prescribes or modifies a person's diet to meet the person's nutritional needs; or  (B) a nutritionist who evaluates an individual's nutritional needs and meets one of the following requirements:  1. Possesses a Master's Degree in one of the following:  a. Food and Nutrition;  b. Dietetics; or  c. Public Health Nutrition; or  2. Is employed as a nutritionist by a county health department. |
| Mobility Training Services Specialist | They can provide training, or education necessary to teach individuals how to use public transportation or other modes of transportation which will enable them to move about the community independently. This could include plans for DSPs to follow. | They need the demonstrated training and education necessary to teach. |
| Music Therapist | They use music media and activities to effect change or growth in the individual's:  (A) Self-awareness;  (B) Gross motor development;  (C) Fine motor development;  (D) Eye-hand coordination and visual tracking;  (E) Visual, auditory, and tactile awareness and perception;  (F) Language development and communication skills;  (G) Emotional expression;  (H) Self-esteem and body image;  (I) Socialization and community awareness; and  (J) Sterotypical behaviors. | They have a valid registration issued by the National Association for Music Therapy, and |
| Occupational Therapy | Based on the written prescription of a physician, dentist or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of a registered occupational therapist. This could include training DSPs on how to help people doing thier exercise. | They are An occupational licensed by the California Board of Occupational Therapy and who, based on the written prescription of a physician, dentist or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or  (B) An occupational therapist assistant validly certified by the California Board of Occupational Therapy and who provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of a registered occupational therapist. |
| Physical Therapy | They treat individuals to relieve pain, develop or restore motor function, and maintain performance by using a variety of physical means. This could include creating plans and training DSPs | Must be licensed by the Physical Therapy Examining Committee of the Medical Board of California and be under medical supervision; or  (B) A physical therapist assistant who is registered as a physical therapist assistant by the Physical Therapy Examining Committee of the Medical Board of California and who provides physical therapy under the direct supervision of the licensed physical therapist. |
| Recreational Therapist | They use (A) self-motivating recreational activities to develop the individual's motor skills, social skills, sensory functioning, or acceptable behavior;  (B) Counsels the individual in recreation and leisure pursuits; and  (C) Provides other services consistent with the duties specified in (A) and (B) above.  This can include creating plans to help people improve their social life. | They possess a valid registration issued by either the National Council for Therapeutic Recreation Certification or the California Board of Recreation and Park Certification |
| Registered Nurse | They help asses and create plans for people with on-going medical issues that cannot be addressed/ completed in a doctor visit. | They are licensed as a registered nurse by the California State Board of Registered Nurses; or  (B) Is on a nurse registry from whom the services of a registered nurse are obtained. |
| Speech Pathology | Speech-Language Pathologists and Audiologists provides:  1. Diagnostic screening and assessment; and  2. Preventative and corrective therapy for persons with speech or language or swallowing disorders. | They are licensed as a speech-language pathologist as specified in the California Business and Professions Code, Division 2, Healing Arts, Chapter 5.3, or they are a speech-language pathology assistant who is licensed in the State of California and performs the duties and functions as specified in the Business and Professions Code, Division 2, Healing Arts, Chapter 5.3, Speech-Language Pathologists and Audiologists, Sections 2538-2538.7, and works under supervision of a qualified licensed speech-language pathologist in a group practice. |

To have approval of your consultation please send the resume, certificates, and education etc. to Rebecca Churchill Sterling, RCEBs Clinical Supervisor at:

rchurchillsterling@rceb.org

She will verify the certificate, license etc. and make sure their background meets Title 17 requirements.