

September - December 2024



TRAINING NEWSLETTER

500 DAVIS STREET, #100
SAN LEANDRO, CA 94577

For logistical reasons, pre-payment with registration is required.

SAME DAY REGISTRATIONS ARE NOT PERMITTED

The RCEB Community Training & Education Committee (CTEC) is a committee of Regional Center staff who meet the identified training needs of service providers.

Additionally, to help residential homes, below are a few places other than RCEB to obtain T17 CEUs/ARM Credits on-line for your employees. Please ensure you get clear documentation on who completed what trainings and the classes pertain to the people living in your home.

<http://www.ancor.org/training-events/webinars/2018-ancor-nadd-dual-diagnoses-webinar-series>

The webinars on [Community Support of Individuals at Risk of Challenging Sexual Behavior](#), and [Role of the Interdisciplinary Team when Psychotropic Medications Are Used to Manage Psychiatric Conditions](#) seem interesting.

www.openfuturelearning.org

People with disabilities who have been labelled as having "challenging behavior" are often overboard and terrified, and we barely seem to notice. Watch: Our online learning module "Jumping Into the Chaos of Things" by David Pitonyak will help your staff to understand the needs of people who have difficult behavior in a profoundly straightforward way.

<http://afirm.fpg.unc.edu/afirm-modules>

The AFIRM modules that have been created by CAPTAIN. Our hope is to promote these modules within our homes and day programs. The modules are all based on evidence-based practices like prompting, reinforcement, self-management, task analysis, etc. Each module is about 1.5 - 2 hours long, has a pre- and post-test, and you can choose to earn a certificate for passing the module.

<http://disabilityworkshops.com/>

They have two online courses on IDD and sexuality: The "Developmental Disability and Sexuality 101" course has 6 modules, each about 90 min long. Each module has a handout that must be filled out to show participating and objectives learned.

The "Talking with Your Kids: Developmental Disability and Sexuality" course has the same layout as the above course but its target audience is parents. This portion for children group homes only.

PLEASE NOTE: All Certificates of Continuing Education provided by Regional Center of the East Bay meet the qualifications for approval by the California Department of Social Services for ARF and GH Administrators. Certificates will not qualify for approval by the California Department of Social Services for RCFE Administrators.

Person-Centered Thinking Trainings

Monday, September 16th & Tuesday, September 17th, 9am - 5pm, RCEB Staff: HCBS Specialist (San Leandro)

Person-Centered Thinking revolves around the core principle of balancing What's Important To someone and What's Important For someone. Through this training, attendees will learn practical skills that they can take back to their respective workplaces that center the person being supported and support compliance with HCBS Federal Requirements, while continuing to effectively improve the supports that are currently in place.

Continuing Education credits: 12 units (Please see note above regarding the expectations of attending all trainings to receive the continuing education credits) Cost: \$75 per person (Please make checks payable to RCEB)

Consumer Residential Records; Tips and Best Practices (1320 Willow Pass Road, Suite 300, Concord)

Thursday, September 19, 2024, 10am - 1pm, RCEB Staff: Erin Frey & Jennifer Bryant, QA Specialists. For residential administrators and staff at all vendored levels. The required records for consumer charts will be reviewed in detail to cover RCEB and Community Care Licensing's requirements and expectations. Sample forms will be provided. **3 hour ARM credits. Attendance is limited to 30; Cost; \$30/per participant; make check/money order payable to: RCEB.**

New!! Working With Your Behavior Consultant (1320 Willow Pass Road, Suite 300 Concord)

Thursday, September 26, 2024, 10am - Noon, RCEB Staff: Angela Craven, Clinical Team

Care homes are required to have a behavior consultant to help clients reach their IPP goals. It is important to know how to work with your behavior consultant. Learn how to communicate when things are going well, and when things are not going well. Learn how to work together to set and reach good goals for clients and to make the most out of the hours you contract. Become an advocate for your home and your clients.

2 hours ARM credits. Attendance is limited to 30; Cost: \$30/per participant; make check/money order payable to: RCEB.

New! Reducing Problem Behavior Through Communication (1320 Willow Pass Road, Suite 300, Concord)

Thursday, October 10, 2024, 10am - 1pm, RCEB Staff: Deirdre Cain, Clinical Team

This training focuses on an evidence-based practice that teaches how to replace challenging behaviors with more appropriate and effective communication. This approach provides individuals (including those who are nonspeaking) an effective way to communicate their wants and needs, so those wants and needs can be met safely. This training is designed for vendors supporting individuals who display challenging behaviors that interfere with the person's quality of life.

3 hours ARM credits. Attendance is limited to 30; Cost; \$30/per participant; make check/money order payable to: RCEB.

New! Staffing Schedule: Basics, Levels & Requests for Additional Staff Hours (San Leandro)

Thursday, October 17, 2024, 9am - 1pm; RCEB Staff: Michael Minton, QA Manager

This training is designed specifically for people managing licensed homes vendored with RCEB. We will begin with examining the T17 expectations of staffing hours based on the different levels of homes. In the training, we will learn about a few different service codes, how to request ASP hours, documentation, and using your behaviorist in this process.

4 hours ARM credits. Attendance is limited to 30; Cost \$30/per participant; make check/money order payable to: RCEB

New! Disaster Preparedness (1320 Willow Pass Road, Suite 300, Concord)

Thursday, October 24, 2024, 10am - Noon, RCEB Staff: John Lee, Emergency Coordination Specialist

This training is designed to equip staff and residents of group homes for the developmentally disabled with the necessary skills and knowledge to handle evacuation and shelter-in-place situations. The curriculum focuses on pre-evacuation, evacuation, shelter in place, and post-evacuation procedures, with a special emphasis on hazards prevalent in Northern California such as wildfires and earthquakes.

2 hours ARM credits; attendance is limited to 30; \$30/participant, check/money order payable to: RCEB

"Person-Centered Thinking" Trainings

Wednesday, November 13th & Thursday, November, 14th @ 9am - 5pm, RCEB Staff; Fructuoso Menchavez, HCBS Specialist, (1320 Willow Pass Road, Suite 300, Concord)

Person-Centered Thinking revolves around the core principle of balancing What's Important To someone and What's Important For someone. Through this training, attendees will learn practical skills that they can take back to their respective workplaces that center the person being supported and support compliance with HCBS Federal Requirements, while continuing to effectively improve the supports that are currently in place. **Continuing Education credits: 12 units** (Please see note above regarding the expectations of attending all trainings to receive the continuing education credits) **Cost: \$75 per person** (Please make checks payable to RCEB)

New! Let's Talk About Relationships, Sexuality, Clients' Rights, and Safety (via Zoom)

Thursday, November 14, 2024, 10 am - 1pm, RCEB Staff, Heidi Okamoto, Angela Craven & Elizabeth Walser, Clinical Team

There's a myth that individuals with developmental disabilities won't benefit from supports or education about relationships and sexuality. Everybody should have access to this information and knowledge. This training is designed to help RCEB vendors feel comfortable and confident around addressing these topics at work.

3 hours ARM credits. Attendance is limited to 30; Cost \$30/per participant; make check/money order payable to: RCEB

New! Diversity Training: Providing Services to Black/African American, Asian American, Deaf Plus and Latinx individuals with Intellectual/Developmentally Disabilities. (San Leandro)

Thursday, November 21, 2024, 10am - Noon, RCEB Staff: Mariana Varela

In this training you will learn more about providing services and working with Black/African American, Asian American, Deaf Plus, and Latinx clients and families. This training will help you increase your cultural competency and self-awareness to better serve clients and families from these communities. **2 hours ARM credits. Attendance is limited to 30; Cost \$30/per participant; make check/money order payable to: RCEB**

Special Incident Report Writing Workshop (San Leandro)

Thursday, December 5, 2024, 10am - 1pm, RCEB Staff: Marisol Ferrer and Staresha Leftwich, SIR Coordinators

The Who, What, When, Where and How of Special Incident reporting/writing. A class for service providers, direct care staff and administrators. **3 hours ARM credits. Attendance is limited to 30; Cost; \$30/per participant; make check/money order payable to: RCEB.**

IMPORTANT REMINDERS:

1. **SAME DAY REGISTRATIONS ARE NOT PERMITTED. Please be considerate of the trainer and attendees by arriving on time. If you are late, it will be at the trainer's discretion whether you can still attend or not. Late attendees (30 minutes) will not receive a certificate or refund.**
2. Please refrain from wearing strong fragrances/perfumes.
3. Please bring writing material (pen, paper) to ALL trainings.
4. To ensure your space, mail in the completed Registration Form with payment ASAP. **(separate checks for each training please)**
5. Classes are open to all service providers, as applicable. **PLEASE DO NOT BRING CHILDREN, CONSUMERS OR OTHER COMPANIONS TO THESE TRAININGS.**
6. Participants to all trainings **MUST SIGN IN AT THE RECEPTIONSIT DESK.**
7. **Please silence cells phones and other electronic devices during class. If you need to take a urgent call, leave the room.**

Note: Please make a copy of your completed registration form before mailing

**For logistical reasons, pre-payment with registration is required.
Mail completed Registration Form with check or money order to:**

**Regional Center of the East Bay
500 Davis Street, #100
San Leandro, CA 94577**

Attn: CTEC Trainings

**Registration confirmation will be done by e-mail, so it is important to include this
information on the Registration Form.**

**24-Hour Cancellation
Notice is required via email or phone to receive a refund.**

NOTE: ONE CHECK PER TRAINING TOPIC

REGISTRATION FORM

(May be copied for additional enrollment – PLEASE PRINT AND PROVIDE COMPLETE INFORMATION WITH PAYMENT– Registration Form with incomplete information will be returned

Name/s of Person/s Attending:

IDENTIFY TITLE AND DATE OF TRAINING

1. _____
2. _____
3. _____
4. _____
5. _____

Facility Name: _____

Mailing Address: _____

Contact Phone: _____

Email address: _____

**REGISTER EARLY
SPACE HAS BEEN LIMITED
TO 30 ATTENDEES ONLY.**

To request ASL interpretation, please contact Karen Shuttleworth (information below) 3 weeks in advance so that arrangements can be made. **48 hour notice is required to cancel the service. If the requesting service provider does not cancel before that time, they will be responsible for the fees accrued by RCEB.**

The CTEC Newsletter can be found on our website: www.rceb.org under “For Providers”

**For questions call: Karen Shuttleworth
(510) 618-7710 or
kshuttleworth@rceb.org**