

August - December 2023



## RAINING NEWSLETTER

500 DAVIS STREET, #100  
SAN LEANDRO, CA 94577

For logistical reasons, pre-payment with registration is required.

**\*SAME DAY REGISTRATIONS ARE NOT PERMITTED\***

The RCEB Community Training & Education Committee (CTEC) is a committee of Regional Center staff who meet the identified training needs of service providers.

CTEC trainings for August - December 2023 will continue to be held virtually via ZOOM. **It is required that you participate on video. If you are not able to be seen on video during the training, you will not get credit for the training.**

To help residential homes obtain CEUs; below are a few places other than RCEB to obtain T17 CEUs/ARM Credits on-line for your employees. Please ensure you get clear documentation on who completed what trainings and the classes pertain to the people living in your home.

<http://www.ancor.org/training-events/webinars/2018-ancor-nadd-dual-diagnoses-webinar-series>

The webinars on [Community Support of Individuals at Risk of Challenging Sexual Behavior](#), and [Role of the Interdisciplinary Team when Psychotropic Medications Are Used to Manage Psychiatric Conditions](#) seem interesting.

[www.openfuturelearning.org](http://www.openfuturelearning.org)

People with disabilities who have been labelled as having "challenging behavior" are often overboard and terrified, and we barely seem to notice. Watch: Our online learning module "Jumping Into the Chaos of Things" by David Pitonyak will help your staff to understand the needs of people who have difficult behavior in a profoundly straightforward way.

<http://afirm.fpg.unc.edu/afirm-modules>

The AFIRM modules that have been created by CAPTAIN. Our hope is to promote these modules within our homes and day programs. The modules are all based on evidence-based practices like prompting, reinforcement, self-management, task analysis, etc. Each module is about 1.5 – 2 hours long, has a pre- and post-test, and you can choose to earn a certificate for passing the module.

<http://disabilityworkshops.com/>

They have two online courses on IDD and sexuality: The "Developmental Disability and Sexuality 101" course has 6 modules, each about 90 min long. Each module has a handout that must be filled out to show participating and objectives learned.

The "Talking with Your Kids: Developmental Disability and Sexuality" course has the same layout as the above course but its target audience is parents. This portion for children group homes only.

**PLEASE NOTE:** All Certificates of Continuing Education provided by Regional Center of the East Bay meet the qualifications for approval by the California Department of Social Services for ARF and GH Administrators. Certificates will not qualify for approval by the California Department of Social Services for RCFE Administrators.

**Special Incident Report Writing Workshop**

**Thursday, August 10, 2023, 1-3pm, Virtually\***

The Who, What, When, Where and How of Special Incident reporting/writing. A class for service providers, direct care staff and administrators. **2 hours ARM credits. Attendance is limited to 20; Cost; \$30/per participant; make check/money order payable to: RCEB.**

**Providing Mental Health Care support in CCF**

**Thursday, September 14, 2023, 10 am – 1 pm, Virtually\***

The purpose of this training is to help attendees gain basic knowledge of mental health disorders that are often diagnosed in adults with intellectual/developmental disabilities residing in community care facilities. This webinar will cover core symptoms of those disorders and how it may present as challenging behaviors or deficit skills. Attendees will receive practical examples of how mental health challenges translate into common objectives (i.e. self-help, independent living, social, communication, and community) and considerations to take when providing support. **3 hours ARM credits. Attendance is limited to 20; Cost \$30/per participant; make check/money order payable to: RCEB**

**New! Behavior Plan Basics**

**Thursday, September 28, 2023, 10am – 1pm, Virtually\***

What is a behavior plan really, and why do we use them? In this training learn about the basic parts of a plan, why each part is written the way it is, and most importantly-how the behavior plan fits in with your other duties and training. Get practical tips for thinking about behavior and using behavior plans every day at work. **3 hours ARM credits. Attendance is limited to 20; Cost \$30/per participant; make check/money order payable to: RCEB**

**New! Trauma Informed Care in Residential Care Facilities**

**Thursday, October 5, 2023, 10am – 1pm, Virtually\***

This course focuses on providing support and training for delivering person-centered care (PCC) and trauma-informed care (TIC) at community care facilities. Various forms of trauma will be discussed alongside consequences and its manifestation as treatment barriers for both consumers and care-providers. Training on values and principles of PCC and TIC will be integrated into a streamlined form of service delivery. Attendees will receive information and specific examples on implementing integrative care while understanding how personal experiences and trauma may also be present. This presentation will also include strategies on collaboration with consumers and the interdisciplinary team to ensure PCC and TIC. **3 hours ARM credits. Attendance is limited to 20; Cost \$30/per participant; make check/money order payable to: RCEB**

### **Special Incident Report Writing Workshop**

**Thursday, October 19, 2023, 1-3pm, Virtually\***

The Who, What, When, Where and How of Special Incident reporting/writing. A class for service providers, direct care staff and administrators. **2 hours ARM credits; attendance is limited to 20; \$30/participant, check/money order payable to: RCEB**

### **New! Prompting for Adult Service Providers**

**Thursday, November 9, 2023, 10am-1pm, Virtually\***

Prompting is an evidence-based practice that increases the success of target skills or desired behaviors. Prompting can be helpful for learners of all ages and across different settings. This training is especially aimed at adult service providers who support adult clients. Service providers for all ages are also welcome.

**3 hours ARM credits. Attendance is limited to 20; Cost \$30/per participant; make check/money order payable to: RCEB**

### **PCT Trainings**

**Dates: 12/5, 12/6, 12/7, 12/12, 12/13, 12/14 - All trainings will be held from 10AM-1PM Virtually\***

Person-Centered Thinking revolves around the core principle of balancing What's Important To someone and What's Important For someone. Through this training, attendees will learn practical skills that they can take back to their respective workplaces that center the person being supported, while continuing to effectively improve the supports that are currently in place.

**NOTE:** As this training has been moved to a virtual space, attendees can expect to invest about 18 hours of training delivered via Zoom. Each training series will consist of 6 dates and times and attendees are expected to attend **ALL** parts of the series to receive their credit. Moreover, we are also requesting **one person per computer screen with a webcam and microphone**, as you are able, since this is a highly interactive training with breakout groups throughout the training. Finally, more training series will be released as we continually assess the impact of COVID-19 on PCT training offerings.

**Where:** All training will be held via Zoom. Once registered, you will receive confirmation of the training with the Zoom link. May Series Registration Link:

**<https://us02web.zoom.us/meeting/register/tZAtdu2prz4vG9yiIEhpZ5AvQTYdXWyiHvuw>**

**Continuing Education credits:** 18 units (Please see note above regarding the expectations of attending all trainings to receive the continuing education credits)

**Cost: \$75 per person (Please make checks payable to RCEB)**

### **New! Using visual Supports to Improve Communication and Well-Being**

**Thursday, December 7, 2023, 10am – 1pm, virtually**

Visual supports are an evidence-based practice that uses visual tools to support an individual as they move through the day. This training will focus on different types of visual supports that can improve a person's well-being and quality of life. This training is particularly aimed at adult service providers. Service providers for all ages are also welcome as visual supports can be used to help individuals of all ages and across different settings.

**3 hours ARM credits. Attendance is limited to 20; Cost \$30/per participant; make check/money order payable to: RCEB**

## **Important reminders:**

- 1. It is required that you participate on video. If you are not able to be seen on video during the training, you will not get credit for the training.**
2. Please log-in on time. Attempts to “join” the class late (by 30 minutes), will be denied and no refund will be issued.
3. Classes are open to service providers only, as applicable.
4. Please silence cell phones and other background noises during training.
5. Certificates will be sent to the address listed on the registration form.

**Note: Please make a copy of your completed registration form before mailing**

**For logistical reasons, pre-payment with registration is required.  
Mail completed Registration Form with check or money order to:**

**Regional Center of the East Bay  
500 Davis Street, #100  
San Leandro, CA 94577**

**PLS. NOTE →**

**Attn: CTEC Trainings  
Community Services Dept**

**Registration confirmation will be done by e-mail, so it is important to include this information on the Registration Form.**

**24-Hour Cancellation Notice is required via email or phone in order to receive a refund.**

**NOTE: ONE CHECK PER TRAINING TOPIC**

**REGISTRATION FORM**

(May be copied for additional enrollment – PLEASE PRINT AND PROVIDE COMPLETE INFORMATION WITH PAYMENT– Registration Form with incomplete information will be returned

**NOTE: ONE CHECK PER TRAINING TOPIC**

**Name/s of Person/s Attending:**

**IDENTIFY TITLE AND DATE OF TRAINING**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Facility Name:** \_\_\_\_\_

E-mail address (will be used for confirmation): \_\_\_\_\_

**Address:** \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

**REGISTER EARLY  
SPACE HAS BEEN LIMITED  
TO 20 ATTENDEES ONLY.**

To request ASL interpretation, please contact Karen Shuttleworth (information below) 3 weeks in advance so that arrangements can be made. **48 hour notice is required to cancel the service. If the requesting service provider does not cancel before that time, they will be responsible for the fees accrued by RCEB.**

The CTEC Newsletter can be found on our website: [www.rceb.org](http://www.rceb.org) under “For Providers”

For questions call: Karen Shuttleworth  
(510) 618-7710 or  
[kshuttleworth@rceb.org](mailto:kshuttleworth@rceb.org)