



**SELF-DETERMINATION LOCAL ADVISORY
COMMITTEE MINUTES**

Approved 6/5/2023

Date: Monday, May 1, 2023

Start Time: 7:00 pm **End Time:** 8:45 pm

Location of This Meeting: Zoom- no physical meeting location

Location of the Next Meeting: Zoom-no physical meeting location

ATTENDEES:

Committee Members Present: Chair Irene Litherland, Melissa Crisp-Cooper, Vi Ibarra, Arthur Lipscomb, Jocelyn Manalac, Morena Grimaldi, Pei Wang, Pamela Baird, Dianne Millner

Committee Members Absent: Neil Jacobsen

RCEB Staff Present: Lisa Kleinbub, Ronke Sodipo, Jenifer Castaneda

SCDD Staff Present: Sheraden Nicholau

Guests: Norma Gonzalez, Andrea Sifuentes, Lorena Gomez, Alma Morales, Hemaprabha Eswararmoorthy, Will Sanford, Peter Kangas, Christine Kantor, Joyce and Breezy Butz, Helen Reese, Christine Tyree, Zita Mendoza, Lizbeth Juarez, James Ford, Mary Teng, Sonia Morales, Silvia Olmedo, Jefferey Wallace, Martha

Agenda Item: Welcome, Designate Minutes Taker, Chat Monitor and Introductions

Spanish and Mandarin interpreters were introduced. Committee members and guests all introduced themselves. Vi volunteered to take the minutes. Pei volunteered to monitor chat to read aloud comments as necessary for language access.

Agenda Item: Consent to the Minutes

M/S/C "The committee moves to approve the April 23, 2023 minutes as submitted"
[Lipscomb/Manalac] Passed unanimously.

Agenda Item: Reports from Chairperson

Following up from last month's meeting, Irene reminded the group that she needs to step down as Chairperson for this committee. She is able to stay on over the next few months to support a transition to a new Chairperson. Chairperson duties could be divided among more than one person, i.e. vice-chairpersons.

We are also recruiting committee members to serve on this committee. In order that the committee reflect the clientele of RCEB, priority would be given to Latino or African American

committee members. Additionally, residents of Contra Costa would be prioritized.

RCEB will share the recruitment information with RCEB clients who have attended advisory committee members over the past couple of years, as well as clients in SDP. Additional outreach will be done through the Concord office case managers.

The online application can be found at

<https://docs.google.com/forms/d/e/1FAIpQLSeU3zu0qt2l9Xg48JPx6sJKTGil6ROOLJALHoDy6q8u3KAqSA/viewform>. Sheraden offered her contact information for anyone who might be interested and wants to discuss further or ask questions.

Agenda Item: Update from Regional Center: See summary report attached.

An April 26 directive from DDS for FMS revised rates, effective May 1. Rates have been increased to reflect the number of employees/providers being paid. There is also a higher rate for participants whose preferred language is not English. The directive can be found here <https://www.dds.ca.gov/wp-content/uploads/2023/04/SDP-FMS-Revised-Rates-FINAL.pdf>. And the related enclosure showing the new rates can be found here <https://www.dds.ca.gov/wp-content/uploads/2023/04/SDP-FMS-Revised-Rates-Enclosure-FINAL.pdf>.

RCEB will need to update Purchase of Service documents for all participants. Some spending plans may need to be updated or clarified to indicate how many employees/providers are to be paid.

Agenda Item: Updates on Use of Funds from DDS, Years 1 & 2

- a. **SDP Brochure:** These have gone off to the printer and we are awaiting the completion of the printing.
- b. **Bay Area Collaborative Website:** Chairpersons from the three regional center catchment areas continue to work on the website. It is not yet ready to go live.
- c. **Newsletter:** Sam has been off work off and on over the past month or so, and he will be working on the newsletter when he returns to work.

Agenda Item: Next Round of DDS Funds – Discussion of Goals and Possible Projects

- a. **Goal #1: Improve ease of transition into SDP for consumers and families, especially for those from Latino and African-American communities**
 - This group came up with a number of questions, many of which overlap with the other goals and work groups. Here are their points/questions:
 - Explore the option of SDP individuals/families who have already navigated SDP to serve as mentors to others.
 - Hire more coaches/mentors/advisors to hand-hold new individuals/families through the beginning (or further) steps to SDP.

- Has RCEB identified any areas in which we could support the case managers (or others?) with implementing SDP for interested individuals/families without stepping on toes?

b. Goal #2: Increase capacity of Independent Facilitators assisting consumers and families from RCEB, especially those from Latino and African-American communities

- Project 1: FMS and RCEB presentations for Independent Facilitators. Topics would be 1) procedures used by FMS and RCEB, and 2) segregation of duties between FMS and RCEB. Target audience would be IFs who have received initial IF training. Webinars held minimally in English and Spanish. Suggested amount: \$15,000
- Project 2: Update and promote recorded IF training. Target audience would be people interested in becoming an IF, with particular focus on Latino and African American communities. Suggested amount \$15,000.

c. Goal #3: Inform more RCEB consumers of the option of SDP, especially consumers and families from Latino and African-American communities

- Increase the number of RCEB's Black and Latino families/clients who know about SDP. In consultation with ethnic-specific Bay Area consultants/media outlets. Some possible consulting agencies are named in the proposal. Includes suggestion of grassroots advocates to encourage SDP participation by paying modest stipend advocates. Suggested amount \$30,000
- Disseminate SDP information at events targeted to Black and Latino families/individuals. Suggested amount \$3,000
- Follow up to determine whether the two projects increased Black and Latino participation. Suggested amount \$2,000

d. Goal #4: Increase support for SDP participants as they go through their first year and transition into subsequent years

- Create various information sheets in English and Spanish. Topics could include: a flowchart of RCEB SDP & Participant Choice staff with contact information, a list of questions one should consider when selecting FMS vendors, parent groups and other resources available for families (such as social media, advocacy groups, etc). Suggested amount \$5,000
- A series of seminars with professionals presenting topics that post-transition families may be interested in. Topics could include: creative ways to provide support for your loved ones, how to navigate through the regional center system for the annual renewal (including adjustments for rate increases), how to adjust the budget when there is unmet need and change of circumstances in the middle

and/or end of the spending period, how to fill out various forms such as spending plan form, and understanding the budget calculation tool. Suggested amount \$10,000.

All project proposals were presented and compared to the total funds this committee has available.

Motion to ask mini-workgroups to take into account feedback and finalize their project proposals. Updated proposals and suggested amounts as needed and draft an outline of the RFP. Update proposals and amounts to be voted on at the next meeting [Ibarra/Millner]. Passed unanimously.

Discussion on if there an alternative process whereby we do not need to do an RFP in order to expedite some of the projects. The RFP process that we normally use takes some time, but it is important to have consistent outreach, and ensure equity for opportunity to apply for the funding to do these projects.

Chairperson Litherland requested that Sheriden and/or Lisa meet with the Goal #3 workgroup regarding RFP application procedures and that Ronke and/or Lindsey meet with the Goal #1 workgroup to respond to some of their questions.

Agenda Item: Public Comment on Items Not on the Agenda, Announcements

None

Agenda Item: Suggestions Future Agenda Items

Follow up discussion on projects proposed for next round of funds from DDS.



UPDATES FOR MONTH OF APRIL 2023

SELF DETERMINATION PROGRAM

Total Participants Successfully Enrolled into SDP: 176

***Enrollments:**

- MARCH 2023 ENROLLMENTS : 12
- APRIL 2023 TO DATE: 7
- SUBSEQUENT YEARS TO DATE: 94
 - YEAR 2 : 70
 - YEAR 3: 24
 - YEAR 4:
- UNENROLLMENTS: 0

***Orientations:**

- RCEB:
 - RCEB will hosting Orientations EVERY THURSDAY (alternating Spanish/English)
 - Monthly Schedule:
 - 1st Thursday- English, 9:00am-12:00pm
 - 3rd Thursday- English 1:00pm-4:00pm
 - 2nd Thursday- Spanish, 9:00am-12:00pm
 - 4th Thursday- Spanish 1:00pm-4:00pm
 - If there is a specific language need, the Participant should contact their Case Manager with advanced notice so interpretation may be arranged.
- Statewide:
 - English, Spanish, Vietnamese
 - <https://scdd.ca.gov/sdp-orientation>
- RCEB Spanish Language Orientations attendance is inconsistent and low
 - RCEB will be conducting Spanish language Staff Training
 - RCEB evaluating strategies and support for Staff and Consumers to increase attendance
- Orientation Handouts
 - 2 days before Orientation – 1 page document will be sent to registered participants
 - Orientation Summary will be sent to participants who have completed RCEB hosted SDP Orientation

***Point of Discussion**

- Jenifer, SDP Specialist, presented at Alameda County Transition Fair on 3/25. Community requested informational meetings about SDP as they would like general information about SDP prior to committing to SDP Orientation. RCEB recommends SDLAC funding in this area. There were about 65 attendees with various knowledge about SDP process.
- RCEB feedback about SDP brochure