

**REGIONAL CENTER OF THE EAST BAY
PURCHASE OF SERVICE POLICY #3415
Date Approved: 12/03**

MOBILITY TRAINING

GENERAL PHILOSOPHY

Regional Center of the East Bay (RCEB) strongly supports training that contributes to independence and greater integration in the community. To be able to travel independently, using the public transit system, increases options for RCEB consumers. Skills necessary to use public transportation may be obtained through mobility training.

SERVICE DEFINITION

Mobility training or travel training is the specialized teaching of skills needed for consumers to utilize public transportation independently and successfully. The training includes developing the skills and confidence that consumers need to be able to handle situations that may arise as a result of traveling independently.

Mobility training is typically provided for a consumer on a one-time basis. If a change in destination occurs or if there is need for reinforcement of appropriate travel habits, mobility training may be repeated in whole or in part.

Generally, an assessment for mobility training takes up to 5 hours and the training ranges from 20 to 40 hours depending on the individual consumer and the complexity of the routes.

BOARD POLICY

RCEB Board of Directors strongly supports assisting consumers to achieve the greatest self-sufficiency possible in order to participate in activities within their community.

RCEB Board supports and encourages the use of public transportation as a means to greater independence and contributing to greater self-esteem. Where the Planning Team identifies the need for training on independent travel skills, RCEB will fund both an assessment and the mobility training, unless it is the responsibility of another agency such as public schools, Department of Rehabilitation, or a specific service provider as part of their program design.

RCEB supports the use of public transportation through either destination specific or general use training and may do so by group or individual method depending on what will work best for the consumer.

PROCEDURE

Any member of the Planning Team who believes that the consumer can benefit from a mobility training may request a Planning Team meeting to recommend that an assessment be done. Mobility Training shall be purchased using the recommendations in the assessment.

AUTHORITY

California Welfare and Institutions Code 4512 (b) and 4646-4648.