



# SELF-DETERMINATION LOCAL ADVISORY

### **COMMITTEE MINUTES**

Approved 5/4/2020

Date: Monday, March 2, 2020

Start Time: 7:00 pm End Time: 8:30 pm

Location of This Meeting: Regional Center of the East Bay/ San Leandro

Location of the Next Meeting: RCEB/ Concord

### ATTENDEES:

## **Committee Members Present:**

Irene Litherland, Melissa Crisp-Cooper, Arthur Lipscomb, Pei Wang, Dianne Millner, Neil Jacobsen (via phone), Sandra Coss, Esther Chow, Jocelyn Manalac, Vi Ibarra

## *Committee Members Absent:*

Pamela Baird, Krista Loomis, Morena Grimaldi

RCEB Staff Present: Lisa Kleinbub

# SCDD Staff Present: none

*Guests:* Sara Desumala, Patrick McKay, Will Sanford, Breeanne Burris, Jason Bergquist, Stephanie Swift, Priscilla Ortiz, Mary Erickson, Valerie Vivona (via phone), Sharon Marts (via phone)

# Agenda Item: Welcome and Introductions

## Agenda Item: Consent to the Minutes

M/S/C "The committee moves to approve the February 3, 2020 minutes as corrected" [Ibarra/Millner] Passed unanimously.

Announcements: Vi Ibarra was the note taker of this meeting.

# Agenda Item: Co-Chairperson's Report, including Statewide Meeting

Melissa reported on the statewide meeting she attended on February 10.

• There were 890 participants selected, statewide, in the second round of selections in November. DDS did not have demographic data about those selected.

- It was noted that many FMS agencies are not prepared to work with participants who have high medical and behavioral support needs.
- There was some confusion about whether or not all the regional centers had received funding for the LVACs.
- The question about paying for non-federally funded programs and services (PIP, medical copays, etc.) was added to a master list of t questions for DDS.
- A reminder was noted about adding the 8% increase to SD budgets when appropriate.
- It was suggested that each local committee take one barrier to SD implementation, discuss it locally, including possible action steps, and then relay input to the statewide committee.
- DDS isn't going to provide funds for statewide meetings after this year. One suggestion was to have LVACs provide funding for one member to attend the meetings.
- The next statewide meetings will be June 9, which Irene is planning to attend, and October 2, when Melissa will attend.
- Other miscellaneous suggestions made at the meeting:
  - Provide one-to-one assistance checks throughout orientation in case people get lost or have questions
  - Tri Counties RC has a website dedicated to SD with resources and a Spanish version. Disability Voices United and others have created check lists of steps.
  - LVACs should become more involved in training case managers and invite them to come to our meetings.
  - Encourage Independent Facilitators to form meetup groups to network and exchange information and resources.

## Agenda Item: Update from Regional Center

RCEB has funded 18 Person-Centered Plans. They are finding that there is a wide array of what is being submitted as a PCP, so they are creating some guidance on what one should see in a PCP. Three Spending plans have been completed.

Guidance was released today on the use of the funds from DDS available to LVACs. The guidance notes that LVACs must collaborate with regional centers on use of funds, and that funds must be encumbered (in contract) by June of 2020 and expended by March of 2022.

## Agenda Item: Planning of Self-Determination Fairs

The first fair will be held on March 21 from 10am to 1pm at San Leandro RCEB. Six FMS agencies are confirmed, and recently trained Independent Facilitators have been invited. SD selectees have also been invited, but RSVPs are not being requested. The planning group will work on: organizing room set up, providing refreshments, organizing discussion groups, and the

overall process for the day. Suggestions included to have a buddy system for attendees and to have meet-up tables with tent signs to identify topics of interest. A sign-up sheet was passed around for people to help with set up, bringing refreshments, and clean up.

The Contra Costa event will be on May 2. Krista Loomis has connected with MDUSD Adult Ed which is an easily accessible location. They will charge a small fee and require liability insurance.

### Agenda Item: Update on Independent Facilitator Training on March 7 in Fremont

We have 45 attendees who have completed prerequisites for the training and another 12 who are working on their prerequisites. Most are from Alameda or Contra Costa County but some are also from Santa Clara, Marin and Sonoma Counties. The presentation team met before this meeting to finalize details. Regarding COVID-19 concerns, at this time the state is recommending that public meetings still be held. We will be monitoring recommendations over the next days to see if there is a change and we need to postpone.

#### Agenda Item: Update on Statewide Self-Determination Working Group

The Budget Certification document has been modified, and is now in the DDS approval process.

#### Agenda Item: Further discussion on Use of Funds from DDS

A suggestion was made to create a website for SD participants. It could include: training materials, a list of independent facilitators, other resources, meeting notices, success stories, FAQ's, and have a chat feature. There is also a need for help with budget development, particularly around unmet needs and changes in circumstance. Help with creating spending plans was also suggested. There is a need to translate all training materials. Another idea was to create recordings of the orientation and the IF training so that, as more people become interested in these, these can be offered but take fewer resources than doing them all in person.

#### Agenda Item: Input on Future Agenda Items

The committee needs to further discuss how to use the funds available from DDS.

### Agenda Item: Public Comment and Announcements

A suggestion was made to use adjacent conference room at the San Leandro location for future meetings as the room we normally use is uncomfortably cold during our meetings.

| Upcoming Meeting Dates |             |
|------------------------|-------------|
| DATE                   | LOCATION    |
| April 6                | Concord     |
| (later cancelled)      |             |
| May 4                  | San Leandro |
| June 1                 | Concord     |
| July 6                 | San Leandro |
| August 3               | Concord     |
| September 14           | San Leandro |
| October 5              | Concord     |
| November 2             | San Leandro |
| December 7             | Concord     |