



**SELF-DETERMINATION LOCAL ADVISORY
COMMITTEE MINUTES
Approved 6/6/16**

Date: May 2, 2016

Start Time: 7:05 PM **End Time:** 8:05 PM

Location of This Meeting: Regional Center of the East Bay, San Leandro office

Location of the Next Meeting: Regional Center of the East Bay, Concord office –

NEW LOCATION: 1320 Willow Pass Road, Concord

Helpful Sites:

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- **CMS Letter:** <http://www.dds.ca.gov/sdp/docs/122115Letter.pdf>
 - **Person Centered Planning/Path Facilitation:**
<http://www.youtube.com/watch?v=zKx1G879Xu8>
 - **Person-Centered Planning: Why it is Critical for Self-Determination:** Video by Sally Burton-Hoyle, PhD <https://vimeo.com/118543476>
 - **Self-Determination Program Updates:** <http://www.dds.ca.gov/sdp/SDPUpdates.cfm>

ATTENDEES:

Committee Members Present: Pamela Baird, Nickole Bouslog, Esther Chow, Morena Grimaldi, Vi Ibarra, Arthur Lipscomb, Irene Litherland, Maria Marquez, Dianne Millner

Committee Members Absent: Kym Luqman

RCEB Staff Present: Jim Burton, Ronke Sodipo

SCDD, Bay Area Staff Present: Gabriel Rogin

Guests: Mark Polit, Will Sanford, Sandi Soliday

Welcome and Introductions

Chairperson Vi Ibarra chaired this 11th meeting at the RCEB's San Leandro office. Attendees were greeted and self-introductions were made.

Agenda Item: Consent to the Minutes

M/S/C "The committee moves to approve the April 4, 2016 minutes as presented."
[Baird/Bouslog] Unanimous

Agenda Item: Chairperson's Report

Chairperson Vi Ibarra reported that the State Advisory Council did not have a phone meeting in April. A phone meeting is being arranged for some time in May.

Chairperson Ibarra reported that Mark Polit and Irene Litherland presented on self-determination to the Alameda County Developmental Disabilities Council at its April meeting.

She also reported that we distributed information about self-determination at the Alameda County Transition Faire at an information table shared with the SF Bay Area Autism Society.

Member Ester Chow led a workshop in Chinese at the Transition Faire that included a presentation on self-determination. She reported that it was difficult to discuss with families, given the number of questions that still remain unanswered.

Chairperson Ibarra requested that Advisory Council members update the contact roster.

Agenda Item: DDS Updates on Self-Determination

RCEB Executive Director Jim Burton reported on the State Workgroup on Self-Determination. The next meeting will be held on Wed., May 25th, from 10:00 until 3:00. Anyone can listen in on the meeting by signing up through the DDS website. At the Workgroup's April meeting, there was an update on the CMS waiver approval process. Four major issues are (a) funding of the financial management services (whether it will come from the consumer's budget or not), (b) special incident reporting for non-vendorized services, (c) whether settings can be limited, and (d) preparation/organization of training, esp. for Regional Center staff. Tennessee is the first (and only, so far) state to have their HCBS plan approved. Many are looking at Tennessee's process and plan, although it has fewer consumers state-wide than are in most of our individual regional center areas. Tennessee began community forums early on and California has not done much public education about the new rules. Jim Burton will send out a copy of the Tennessee plan.

Agenda Item: Next Steps

Gabriel Rogin stressed the need for outreach and education to the general community so that all have heard about self-determination. Will Sanford mentioned that there will be outreach done on the regular waiver's setting rules between July and December and we can piggy back on that. Nickole Bouslog brought up the importance of reaching out to other self-advocates but said that it is difficult to do so without having answers to key questions. Maria Marquez stated that people need to hear about it several times. Gabriel Rogin said that the State Council can pay for copying costs within a capped amount.

Morena Grimaldi asked whether the Regional Center has hired the self-determination trainer yet. Ronke Sodipo said that the hiring is in process and should be completed within a month. Once hired, the trainer will attend the meetings of this advisory council.

Vi Ibarra will work on a one page flier to give out at the next meeting. It can then be used to do five minute presentations at other meetings and the flier passed out.

Nickole Bouslog will present the flier to the Consumer Advisory Committee to see whether it works well for consumers. She also mentioned the importance of doing peer-to-peer trainings: consumers to consumers, parents to parents, and professionals to professionals.

Agenda Item: Public Comment

No public comments although the public participated in the above discussion.

Meeting Adjourned at 8:05 PM.

Minutes submitted by Irene Litherland, member.

FUTURE 2016 MEETINGS

DATES

- June 6
- July 11
- August 1
- September 12
- October 3
- November 7
- December 5

LOCATION

Concord [Note the new address below]
San Leandro
Concord
San Leandro
Concord
San Leandro
Concord

Location of the next meeting:

- ✓ Concord NEW OFFICE: 1320 WILLOW PASS ROAD, CONCORD

Monday, June 6, 2016 at 7:00pm