



**SELF-DETERMINATION LOCAL ADVISORY
COMMITTEE MINUTES
Approved 11/2/15**

Date: Monday, October 5, 2015

Start Time: 7:05 pm **End Time:** 8:35 pm

Location of This Meeting: Regional Center of the East Bay/Concord

Location of the Next Meeting: RCEB/San Leandro

Self-Determination Program Updates: <http://www.dds.ca.gov/sdp/SDPUpdates.cfm>

NEW:

Video by **Sally Burton-Hoyle, PhD**

Person-Centered Planning: Why it is Critical for Self-Determination

<https://vimeo.com/118543476>

Attendees:

Committee Members Present: Pamela Baird, Nickole Bouslog, Esther Chow, Morena Grimaldi, Vi Ibarra, Arthur Lipscomb, Irene Litherland, Dianne Millner, Darcy Ting

Via phone: Kim Luqman, Maria Marquez

Staff Present: Michi Toy

Guests: Rebecca Corbett, Michael Dykman, Guy Houston, Dannon Jenkins, Stephanie Mekin, Gabriel Rogin, Will Sanford, Josh Sullivan

Welcome and Introductions

Chairperson Vi Ibarra chaired this 4th meeting at RCEB's Concord office. Attendees were greeted and self-introductions were made.

Agenda Item: Consent to the Minutes

M/S/C "The committee moves to approve the October 5, 2015 Minutes as presented"
[Chow/Baird] Unanimous

Agenda Item: DDS Updates on Self-Determination – Will Sanford

- The DDS task force is made up of @25 people, consisting of clients, families, regional center directors, and DDS and legislative staff.
- The Self-Determination Program Waiver Application was submitted to the Centers for Medicare and Medicaid Services [CMMS] on September 29, 2015.

<http://www.dds.ca.gov/sdp/docs/sdpWaiverApplication10-2015.pdf>

- Now that the waiver is posted, the Federal government has 90 days to respond with an approval, rejection, or inquiry. If there are any changes made to it, a 30 day public notice needs to be made to allow for public comment.
- The task force is working on an outline covering several training items to ensure that participating regional centers state-wide are consistent in the information that they distribute. They are also working on the training of service coordinators, independent facilitators, service providers, and community members so that everyone will be on the same page.
- Note-> The Financial Management Services [FMS] will be the only regional center vendored service in Self-Determination. Therefore, all the other services purchased needs to go through the FMS in order to get paid. The Committee is looking into several options for the FMS fee structure.
- The next DDS Self-Determination meeting is November 5th.

Gabriel added that the State Council is currently organizing the first State-Wide meeting of all the local advisory committees.

Agenda Item: Person-Centered Planning – Gabriel Rogin

- Mr. Rogin distributed a hand-out on *Person-Centered Planning* [attachment] and stressed that this is at the core of Self-Determination and the most important. “What are your hopes and dreams; where do you want to end up in a few years?” Also equally important, is to look at the strengths of the consumer and building on those qualities. Sometimes the decision that the consumer makes may not work out, but they should have the freedom and support to attempt the program that they really want to participate in.
- The handout is from the DDS workgroup is one of the training outlines that DDS is working on. Therefore, if this committee sees anything that needs to be clarified or added, then it can be brought up at the next meeting.
- The first year that the consumer is in the SD meeting will most likely be the most intense since that entails the deepest planning and some people might choose to have a special

facilitator during that time, but then opt out of using a facilitator later if they feel that they do not need one.

- Choosing an Independent Facilitator-> It is up to the consumer/family on whether or not they will use one, and if they do, an independent facilitator can be either their case manager, family member, trained professional [some are more trained and experienced in the system than others] as long as they do not provide another service for you such as your SLS provider. It is up to the consumer/family to decide who to pick and how much of their budget they want to spend on an independent facilitator.
- There is concern among the committee members on the quantity/quality of facilitators to choose from, and how the public will be advised on how to become a paid facilitator. It is perceived that word-of-mouth will reach many, plus this committee can facilitate activities to spread-the-word. The State Councils may also be working on a training program. The committee feels that for the first 150 people chosen to be in the program, all of them should have Independent Facilitators but in order for that to happen, the benefits should be stated upfront to the families because many may decline that assistance if they know that it is coming out of their budget. Then there's the flip side where the parent can be the best facilitator without going through all that training, but it's really important that the facilitator know what services and resources are out there for the client.

Agenda Item: Budget – Gabriel Rogin

- Mr. Rogin distributed another handout [attachment] titled *Self-Determination Budget* which also originated from the DDS workgroup as the committee went over it. It was pointed out that the budget is determined by the purchase of services expenditures from the last year, but there are other methods of determining the budget as well as adjustments to that budget amount.
- The Financial Management Services [FMS] provider will need to make sure there are enough funds in the budget to pay for the services that were agreed up on in the IPP and will alert you to overspending on the budget. Consumers will need to stay inside the service categories. The FMS will provide a monthly report with your expenses/month as well as processing/reporting of those funds.
- On page 2 regarding budget adjustments, "...the IPP team identifies prior needs or resources that were unaddressed in the IPP... meaning that if families were paying for services out-of-pocket because of a language barrier (example) and did not know that generic services were available to them, then their budget can be adjusted.
- Gabriel suggests that the IPP team meet first to see what the needs are, then work on the budget to allow you to achieve and access what the consumer needs/wants.

Agenda Item: Public Comment

- An idea was brought forth in this meeting, for DDS to fund for Independent Facilitators for the initial 150 consumers, since the consumers/families as well as the facilitators are all new to this program. The purpose would be to add incentive to the families to use an outside facilitator, since it is not coming from their budget for the beginning trial phase.
- The committee was informed that if the consumer qualifies for MediCal/MediCare and needs equipment, the presumption is that generic services/products will be used first. It would not be added to the budget.
- Important item to investigate is the news from the coalition advocacy groups on pending legislation in Washington regarding overtime pay for caregivers, and that it may affect the whole Self-Determination program. Diane Millner will e-mail the information that she received regarding this subject. The committee was informed that Self-Determination is cost neutral, so there would be no incentive for the government to eliminate the program, so we are unclear about that information from the coalition.
- A suggestion was made for the creation of a type of “outcome tracking” of the Independent facilitators vs. those families who are not using one, and that this should be on the State level throughout the pilot program.

Meeting Adjourned at 8:35

FUTURE 2015 MEETINGS

DATES/ LOCATION

- 10/5 Concord
- 11/2 San Leandro
- 12/14 Concord

TENTATIVE SUBJECTS

Person-Centered Planning, Budget
Financial Mgmt Services [FMS]
Independent Facilitator

Location of the next meeting: San Leandro → 500 Davis Street
Monday, November 2, 2015 at 7:00pm

