



**SELF-DETERMINATION LOCAL ADVISORY
COMMITTEE MINUTES**

Approved 1/6/2020

Date: Monday, December 2, 2019

Start Time: 7:00 pm **End Time:** 8:30 pm

Location of This Meeting: Regional Center of the East Bay/Concord

Location of the Next Meeting: RCEB/San Leandro

ATTENDEES:

Committee Members Present: Irene Litherland, Pamela Baird, Vi Ibarra, Arthur Lipscomb, Pei Wang (via phone), Krista Loomis, Melissa Crisp-Cooper, Morena Grimaldi, Dianne Millner, Jocelyn Manalac, Neil Jacobsen (via phone), Sandra Coss (via phone)

Committee Members Absent: Esther Chow

RCEB Staff Present: Melanie Gonzales

SCDD Staff Present: Sheraden Nicholau

Guests: Sara Desumala (via phone), Will Sanford, Breeanne Burris, Valerie Valvona (via phone), Mark Polit, Carlos Cienfuegos

Agenda Item: Welcome and Introductions

Chairperson Irene Litherland chaired this 52nd meeting at RCEB's Concord office. Attendees were greeted and self-introductions were made. Committee member Krista Loomis was welcomed back to the committee after a leave of absence.

Agenda Item: Consent to the Minutes

M/S/C "The committee moves to approve the November 4, 2019 minutes as presented"
[Millner/Baird] Passed unanimously.

Announcements: Vi Ibarra was the note taker of this meeting.

Agenda Item: Chairperson's Report

Irene shared that she participated on a panel on Self-Determination at the SF Bay Area Autism Society conference in November.

The second selection of SD participants has been made, with notification letters being received

recently for those selected. At this time, RCEB has not yet received notification of who was selected.

Agenda Item: Elect Chairperson and Vice Chairperson for 2020; Update on New Member Recruitment

Irene asked for nominations for Chair, Vice Chair, or Co-Chair. Melissa self-nominated to serve as co-chair, and Irene self-nominated to serve as co-chair. A motion was made to elect Irene and Melissa to serve as co-chairs for 2020. [Lipscomb/Millner] Passed unanimously.

The committee previously agreed to expand by 2 more seats to add self-advocates or family members from Contra Costa County. SCDD and RCEB will both send out another recruitment push. Depending on responses, we may wish to include recruitment at the upcoming Independent Facilitators trainings scheduled in January.

Agenda Item: Discussion about 2020 Meeting Schedule & Locations

Draft meeting schedule was shared. Motion was made to approve proposed meeting dates and continue alternating schedule between Concord and San Leandro locations. [Ibarra/Baird] Passed unanimously. The 2020 meeting schedule is:

DATE	LOCATION
January 6	San Leandro
<i>February 3</i>	<i>Concord</i>
March 2	San Leandro
<i>April 6</i>	<i>Concord</i>
May 4	San Leandro
<i>June 1</i>	<i>Concord</i>
July 6	San Leandro
<i>August 3</i>	<i>Concord</i>
September 14	San Leandro
<i>October 5</i>	<i>Concord</i>
November 2	San Leandro
<i>December 7</i>	<i>Concord</i>

Agenda Item: Update from Regional Center

Melanie has been working one-on-one with case managers to calculate the budgets of selectees. Melanie confirmed that case managers are to share the worksheet used with selectees and use that as a starting point to then discuss unmet needs or changes in circumstance. Approximately 30 budgets have gone out to selectees. Melanie is working to train other staff on how to develop budgets. One selectee will start funding SD services as of 12/1/19.

There are still a few (less than 10) selectees who have not attended an orientation. RCEB is trying to connect with them, but selectees have either not attended orientation they signed up for, or simply are not responding to attempts at contact.

Melanie shared that this will be her last meeting with this committee, as her last day with the regional center will be January 3rd. She shared how much she has appreciated working on this project and with this committee. Committee members thanked her for her hard work toward full implementation of this new program.

Agenda Item: Update on Statewide Self-Determination Working Group

Will shared that the workgroup is continuing to work on the budget calculation worksheet to try to make it more understandable. It is expected that eventually DDS will provide a budget certification form, but regional centers will be able to use their own form if they have created something they would prefer to use.

Agenda Item: Update on Connecting Selectees and Families

Pamela and Melissa have asked Melanie to send an email out to selectees to let them know to look out for a survey to be sent by the local advisory committee. The response to the initial distribution of the survey was very low, possibly due to filtering in to junk folders, and the hesitation of recipients opening emails from unknown senders.

Discussion followed on planning another in-person meeting for selectees. There is a new group of selectees from the second draw who may be interested in connecting. Ideas discussed included inviting FMS agencies and/or Independent Facilitators to attend so people can meet them and discuss their services, and ask individuals or families who have started in SD to share their experience. The committee could consider offering this in the spring.

Agenda Item: Update on Independent Facilitator Training

Vi shared the flyer with dates for upcoming IF trainings, and reviewed the timeline for next steps in drafting, finalizing and presenting the material. Committee and community members have volunteered to help with various components of the training. There was also discussion on how to advertise this training. Outreach opportunities were brainstormed, and committee members offered to share in the outreach efforts.

Agenda Item: Discussion of Ideas for Using Funds to be Received from DDS in the Future

Approximately \$2.8 million in a one-time federal match will be available statewide, distributed to each regional center and local advisory committee. Allocation will be 45% to regional centers, 45% to local advisory committees, and 10% to DDS for administrative costs. A rough estimate of the amount that may be available for the RCEB Local Advisory Committee could be about \$35,000 to \$50,000. No information has been shared regarding when that money might be available. Suggestions made about how that money could be used included:

- Investing in creating a website where selectees could get information, updates, resources, etc.
- Creating a more efficient way to offer orientations to those who chose self-determination, such as an online training resource, video, etc.
- Offering Independent Facilitator trainings to increase capacity in the community

Agenda Item: Input on Future Agenda Items

Further discussion about another in-person meeting for selectees. Continuing to brainstorm on ways to use one-time DDS allocated funds. Update on Independent Facilitator trainings. Clarification of co-chair roles in 2020.

Agenda Item: Public Comment and Announcements

None