

Regional Center of the East Bay

James Burton, Director
500 Davis Street, Suite 100, San Leandro, CA 94577
Phone: (510) 618-6100 • Fax: (510) 678-4100
writetous@rceb.org
www.rceb.org



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Performance Report for Regional Center of the East Bay

Every year, the Department of Developmental Services (DDS) contracts with regional centers in California to serve consumers and families. And, every year DDS looks at how well the regional centers are doing. This report will give you information about your regional center.

Last year, at Regional Center of the East Bay (RCEB) we served about 15,470 consumers. The charts on page 2 tell you about the consumers we serve. You'll also see how well we are doing in meeting our goals and in fulfilling our contract with DDS.

At RCEB, we want to improve every year, do better than the state average, and meet or exceed the DDS standard. As you can see in this report, we did well in all areas. When compared with our 2008 statistics, we have improved performance in all five reporting categories.

Although the number of RCEB consumers residing in developmental centers is higher than the state average, our total number has decreased. Historically our State Developmental Center population has always exceeded the state average due to the high number of RCEB consumers residing at Sonoma Developmental Center.

The San Francisco Bay Area is a high cost of living, urban area. The majority of residential homes serving both children and adult regional center consumers are located in the two bay area counties served by RCEB (Alameda and Contra Costa). Although the percentage of RCEB children and adult consumers residing in out of home placement is slightly higher than the state average, supporting consumers in their own homes remains our priority as reflected by our improved performance in this area.

We hope this report helps you learn more about RCEB. If you have any questions or comments, please contact us!

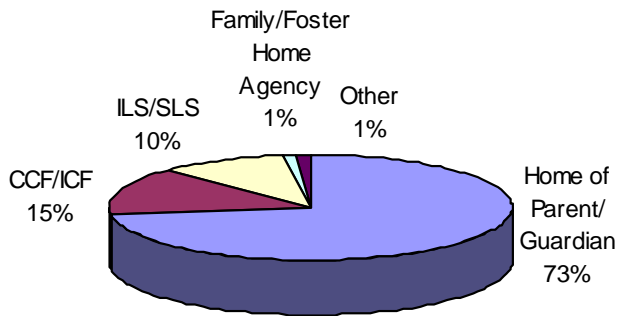
This report is a summary. To see the complete report, go to: www.rceb.org or contact Pam Thomas at **510 618-7708**

James M. Burton
Director, Regional Center of the East Bay

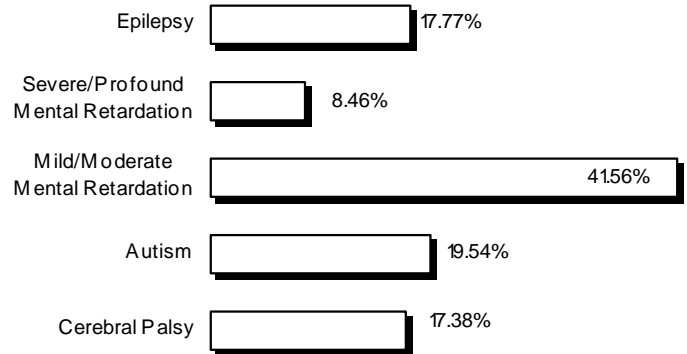
Who uses RCEB?

These charts tell you about who RCEB consumers are and where they live.

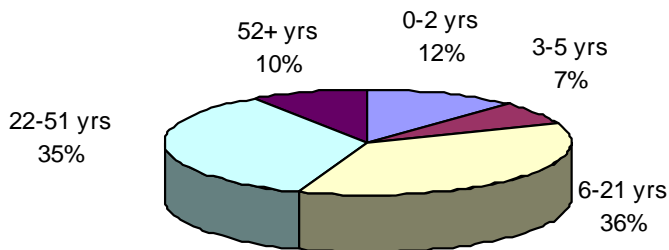
WHERE RCEB CONSUMERS LIVE



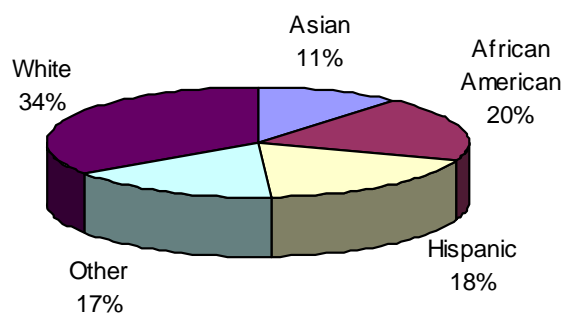
PRIMARY DIAGNOSIS OF RCEB CONSUMERS



AGE OF RCEB CONSUMERS



ETHNICITY OF RCEB CONSUMERS



How well is RCEB performing?

This chart tells you about 5 areas where DDS wants each regional center to keep improving.

The first column tells you how RCEB was doing at the beginning of 2009. And, the second column shows how RCEB was doing at the end of 2009.

To see how RCEB compares to the other regional centers in the state, compare the numbers to the state averages (in the shaded columns).

Regional Center Goals (based on Lanterman Act)	December 2008		December 2009	
	State Average	RCEB	State Average	RCEB
Less consumers live in developmental centers	1.03%	1.77%	0.91%	1.47%
More children live with families	98.38%	97.77%	98.48%	97.95%
More adults live in home settings*	72.25%	71.41%	73.20%	71.89%
Less children live in large facilities (more than 6 people)	0.14%	0.04%	0.13%	0.03%
Less adults live in large facilities (more than 6 people)	4.55%	4.44%	4.10%	4.02%

* Home settings include: independent living, supported living, Adult Family Home Agency homes, and consumers' family homes.

Did RCEB meet DDS standards?

Read below to see how well RCEB did in meeting DDS compliance standards:

Areas Measured	Last Period	Current Period
Passes independent audit	Yes	Yes
Passes DDS audit	Yes	Yes
Audits vendors as required	Partially Met	Met
Didn't overspend operations budget	Yes	Yes
Participates in the federal waiver	Yes	Yes
CDERs are updated as required (<i>CDER is the Client Development Evaluation Report with information about the consumer's diagnosis</i>)*	NA	NA
Intake/Assessment timelines for consumers age 3 or older met	99.53%	100.00%
IPP (<i>Individual Program Plan</i>) requirements met	99.86%	99.92%
IFSP (<i>Individualized Family Service Plan</i>) requirements met	88.57%	89.29%

*Measure temporarily suspended pending implementation of the Revised CDER.

What about other performance areas?

In the future, we will measure how well we are doing in other areas, including:

- Increasing the number of consumers who work,
- Getting better pay for consumers who work,
- Making sure consumers get medical and dental services, and
- Meeting Intake/Assessment and IFSP timelines for children 0–3.

Want more information?

To see the complete report, go to: www.rceb.org

Or contact Pam Thomas at **510-618-7708**

Local Public Policy Outcomes (optional)

<i>Outcome</i>	<i>Baseline</i>	<i>Plan for Measuring Progress in Achieving Outcome</i>
<p>1. Support multi-cultural family conferences that address the needs of our culturally diverse East Bay Community.</p>	<p>RCEB co-sponsored three events this past year.</p>	<ul style="list-style-type: none"> • RCEB will co-sponsor three events • Staff will participate in the planning of these events • RCEB will actively participate in all events and conduct workshops.
<p><u>Action Taken – Outcome Achieved</u></p> <p>RCEB continues to collaborate with many service providers, advocacy and community agencies to ensure that resources and supports are promoted and supported throughout our community. This past year RCEB co-sponsored three multi-cultural family conferences aimed at addressing the needs of our culturally diverse East Bay Community.</p> <p>Congreso Familiar was held on Saturday, August 22, 2009 at Chabot Community College in Hayward, CA . This all day event included presentations, workshops and resource sharing covering such topics as autism, advocacy, Regional Center services, housing, etc. In addition refreshments, entertainment and childcare were provided to families. Staff from RCEB and La Familia Counseling Services were involved on both the steering committee and as volunteers on the day of the event. Co-Sponsors included RCEB, GGRC, Care Parent Network, Family Resource Network and Contra Costa ARC. There were over 700 attendees at this year’s event.</p> <p>Regional Center of the East Bay continues to co-sponsor family and children’s events for our multicultural consumers and families in honor of cultural celebrations. In December 2009 RCEB sponsored family events and gatherings for our Spanish speaking families and consumers and for our Asian language speaking families and consumers.</p> <p>Padres Unidos Children’s Holiday Party was held on December 19, 2009 at St. Joseph’s school in Hayward. Approximately 150 families and consumers attended. RCEB staff served as volunteers for the event. Children’s Christmas Party was held for our Asian families and consumers on December 5, 2009 at Garfield Elementary School in Oakland. RCEB staff assisted at this event which was attended by over 250 families and consumers.</p> <p>The Transition Conference which was held on January 6, 2009 provided translations in Spanish and ASL for families and consumers. RCEB co-sponsored this event and RCEB staff served on the planning committee, provided staff to the day long conference, and conducted several of the 28 workshops offered. Topics included law, education, employment, relationship, living options, and benefits. There were approximately 210 attendees.</p>		
<p>2. Families and consumers will be assisted in preparing for transition from school to day/work services.</p>	<p>Two transition fairs and one transition conference were held last year.</p>	<ul style="list-style-type: none"> • RCEB will partner with Education and the Developmental Disabilities Councils in each county to provide two Transition Fairs annually. • RCEB will continue to provide major support/staff time to put on one transition conference in Contra Costa County.

Action Taken – Outcome Achieved

RCEB in partnership with Education and our two local Developmental Disabilities Councils provided two Transition Fairs and one Transition Conference. The Transition Conference was held on January 6, 2009 at Mt Diablo Community College, in Concord. There were 28 workshops offered covering various issues related to transition age youth including housing, law, living options, relationship, mental health, and sexuality. RCEB staff were instrumental in the planning of this event and participated throughout the day, facilitating registration, monitoring workshops and participating in presentations. In addition to the workshops, a resource fair was available through out the day and lunch was provided. There were approximately 225 attendees. Translation was available in both Spanish and ASL.

Transition Fairs were held in Alameda County on March 28, 2009 at the College of Alameda and in Contra Costa County on October 27, 2009 at the Willow Creek Center in Pleasant Hill. Both Fairs included resource tables, opportunities to speak directly with service providers, and presentations on various topics including living options, health care, and employment. RCEB staff participated in the planning of the Fairs and provided support during the events. Over 300 consumers and families attended the Transition Fair in Contra Costa County and approximately 250 attended the Fair in Alameda County.

3. Promote and increase awareness of early intervention

RCEB has provided 15 presentations to Head Start staff, Social Services staff, school personnel, family groups, local hospitals and Early Childhood Interagency Groups.

- RCEB will partner with community organizations such as the Family Resource Centers, schools and community advocates to provide at least seven community presentations.

Action Taken – Outcome Achieved

Throughout the year RCEB Early Intervention staff continued to work in partnership with community agencies to provide presentations and trainings to promote awareness of Early Intervention services. RCEB staff provided many informal presentations and consultation during 2009 and provided trainings to the following groups:

1. 2/6/09 Alameda High Risk and Children's Follow-up Network
2. 3/12/09 Alameda County Facility Highland Campus Substance Abuse Program
3. 3/25/09 Davis Center Family Resource Center Presentation
4. 4/17/09 Week of The Young Children and Resource Fair
5. 4/20/09 Alameda County Child Care Planning Council
6. 4/28/09 City of Fremont Presentation
7. 4/28/09 Alameda County Behavioral Health Perinatal Drug Counselors
8. 5/18/09 Healthy Baby Project
9. 5/20/09 CSUEB Clinical Child /School Psychology Program
10. 5/20/09 OPD's Neighborhood Services
11. 5/30/09 Happy Talkers Community Outreach Fair
12. 6/17/09 Juneteenth Celebration Resource Fair
13. 8/13/09 Contra Costa County First Five

<p>14. 9/4/09 Early Childhood Policy Committee 15. 9/8/09 Special Needs Committee 16. 9/29/09 Early Head Start/Head Start Staff 17. 10/25/09 Infant Provider Meeting 18. 11/9/09 SART Family Navigators Training 19. 11/18/09 CCC Children's Council 20. 11/25/09 Seed Program</p>		
<p>4. Update disaster preparedness plan to be able to support consumers during crisis of a natural disaster.</p>	<p>RCEB has a disaster preparedness plan in place. Training was provided to consumers, families and all RCEB staff this year.</p>	<ul style="list-style-type: none"> • RCEB staff to review and update plan as necessary. • RCEB will share plan and coordinate efforts with service providers and other bay area regional centers • RCEB will ensure that consumers, especially those who live independently with ILS or SLS support have their own personal emergency kit and training on how to use it. • RCEB will identify liaisons with community First Responder groups including Police, Fire and Red Cross to increase communication and coordination in the event of an emergency.
<p><u>Action Taken – Outcome Achieved</u></p> <p>RCEB's disaster preparedness plan was developed in 2008 and remained in place throughout 2009. Staff was initially trained and Safety Committees are located in each of the RCEB offices. Disaster Preparedness has been discussed with providers at the Provider Vendor Meeting (held monthly at RCEB), with consumers at the Consumer Advisory Committee, and the plan was shared with other bay area regional centers. In May of 2009, RCEB distributed 250 emergency kits to consumers receiving Supported Living or Independent Living. Training on the use of these kits were provided by each consumer's individual ILS or SLS provider. RCEB is in the process of identifying liaisons with local First Responder groups. We have participated in trainings in January 2009 with the Richmond Fire Department on emergency preparedness, and developed a powerpoint presentation for local Police Departments. RCEB participates in a work group through the Office of the Sheriff in Contra Costa County, Emergency Services which meets quarterly to develop disaster protocol for our county.</p>		
<p>5. Given the rise in consumers diagnosed with autism, families have increased needs for training and support. RCEB will increase the number of educational programs and training supports available for families.</p>	<p>RCEB has started autism clinical teams and resource teams. We are conducting outreach to providers to increase programs and services. RCEB has hired the two new autism positions, the Autistic Spectrum Disorder Coordinator and the Autistic Spectrum Disorder Specialist. We have started regular autism clinical teams to support case managers and families. Our autism resource team, which includes</p>	<ul style="list-style-type: none"> • RCEB will continue to develop education and training opportunities for families of children with autism. • RCEB will continue to utilize established clinical teams to support families and children. • The RCEB autism resource teams, which include Community Services staff, will continue to actively develop new resources and services in areas including family support, residential options and program opportunities for adults.

<p>our autism specialists, other clinical staff and staff from RCEB Community Services meet regularly and conduct outreach activities to service providers. We have sponsored several conferences on autism and sponsored conference attendance for parents.</p>	
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Action Taken – Outcome Achieved

RCEB is actively participating in the planning of the 2010 STAR conference for families of children with autism from birth – 8 years of age. This conference will be held in April 2010 and is anticipated to serve over 100 families with interpretation available for Spanish speaking families. The conference will focus on topics that are supportive of young families specifically the transition from Early Start to the school district, treatment considerations, and insurance issues.

RCEB staff conducted two presentations at family support groups for parents who are Spanish speaking. These presentations focused on services for children with autism and available family supports. Staff also provided 3 presentations for early childhood educators and childcare providers. These trainings focused on how these providers could talk to families about developmental concerns especially when “red flags” for autism were identified. The intent is to have community childcare providers who are able to be of support to families whose children may be newly diagnosed with an autistic spectrum disorder.

RCEB supported the attendance of parents at numerous conferences and trainings related to autism during 2009. These included the Morgan Center Conference, M.I.N.D. Institute trainings, and a conference on social thinking.

RCEB’s Autism Clinical Team (ACT) provided direct consultation to parents and case managers to ensure that appropriate and effective interventions were being provided for children with autism. The team met directly with 98 families and case managers to provide support and consultation on appropriate interventions for these children and families. As a result of these consultations children received supports that address social skills and other home and community based issues as a result of participation in the team.

RCEB’s Autism Resource Team developed nine additional resources for in home ABA programs and social skills training programs to support families and children with autism. Two of these programs provide PRT (pivotal response treatment), an evidence based intervention that had not previously been available in our area for children with autism. In 2009, RCEB began to require that all intervention plans for ABA/social skills training for children with autism incorporate a strong parent training component. New program plans must include this as part of their program plans. RCEB also supported the development of two social skills training camps that were able to meet the needs of adolescents with autism.

RCEB understands the importance of parent training and support for families of children newly diagnosed with autism. A six week parent training course was designed to address both of these needs. Having the same group of parents meet over the course of six weeks allowed families to acquire valuable didactic information as well as the opportunity to meet and connect with other families over the six weeks. This course was held in 2009 and subsequent courses are being planned for 2010.

